



mild Provider, Dr. Anjum Bux



mild Provider, Kyla Anderson
A.P.R.N

Case Study

Leading Interventionalists Share *mild*® Patient Outcomes

Bux Pain Management; Danville, Kentucky



mild®

Patient History Pre-*mild*



53-Year-Old Male Patient

Medical History

Chronic back & leg pain, continual falling over 8 years

Surgical History

Lumbar surgery

Social History

Non-smoker, no alcohol use

Medications

Failed multiple oral narcotics, Gabapentin, Lyrica, Cymbalta

2001-2019

Pain managed in our practice for 8 years:

- Physical therapy
- Epidural & facet injections
- RFA
- Spinal cord stimulator
- Intrathecal pain pump



History as of April 2019

Back Pain

VAS **8/10** with radiation to right hip and lateral aspect of right lower extremity

Symptoms of Neurogenic Claudication

- Unable to stand or for > 5 minutes
- Unable to walk for > 15 minutes
- Low back and leg pain

CT Scan

Confirmed LSS with HLF

CT Imaging



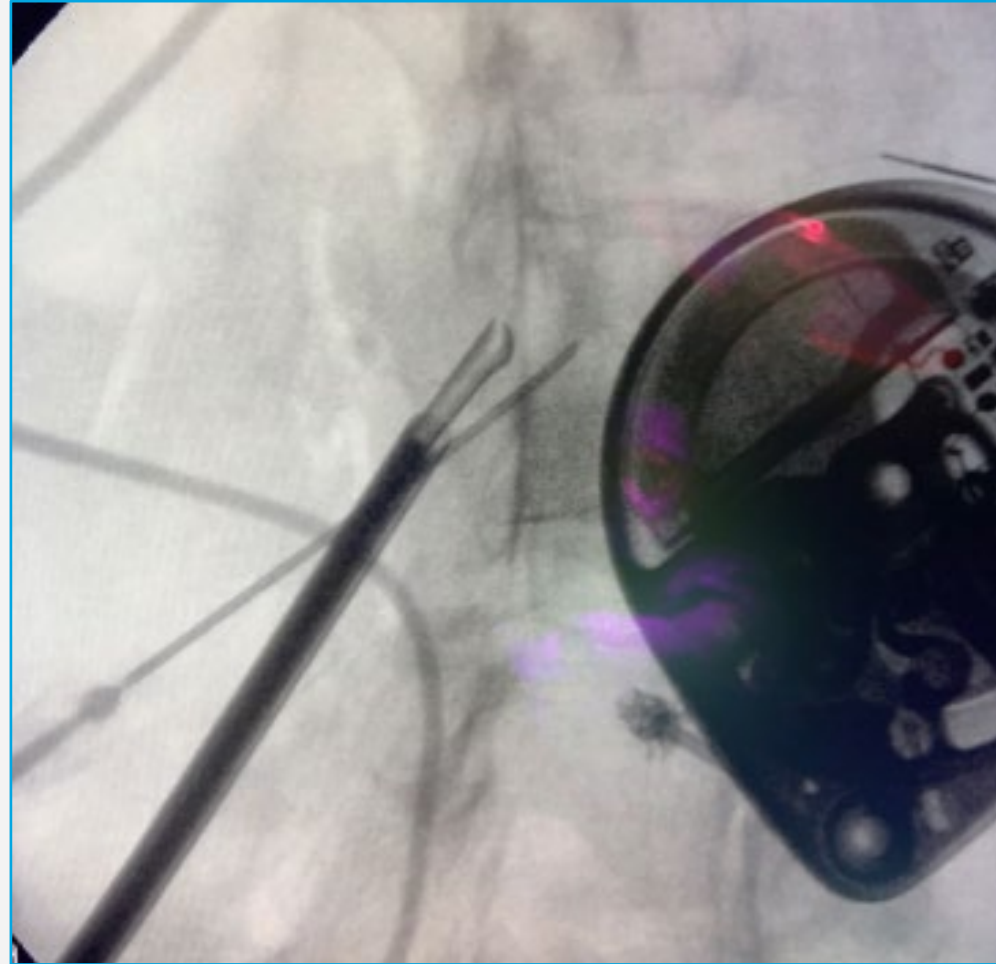
We generally use MRI imaging to confirm LSS and to look for the ligament, but the pain pump eliminated this as an option. A combination of a CT scan and contralateral oblique view under fluoro were used to confirm candidacy and for procedural planning.

Procedure Details



Performed: 4/26/19

Levels Treated: L2-L3 & L3-L4



Choose *mild*[®]

April 2019: Before *mild*



Able to Stand/Walk

< 5 minutes standing

< 15 minutes walking



VAS 8/10

with leg pain



Epidural injections, facet injections, RFA, spinal cord stimulator, intrathecal pain pump, lumbar surgery



QOL

Poor – patient was falling and experiencing difficulty with balance

May 2019: 3 Weeks Post *mild*



Able to Stand/Walk

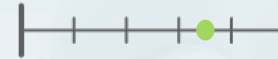
> 30 minutes standing

> 15 minutes walking



VAS 7/10

with no leg pain



Continue pain management with spinal cord stimulator and intrathecal pain pump



QOL

Good – patient has not fallen once since the procedure

Key Takeaways

mild **does not remove any treatment options and it is a great co-therapy for our patients.** If the hypertrophic ligamentum flavum is present, even in the presence of comorbidities and co-therapies being utilized, we can offer *mild*.

Key Takeaways

This patient achieved **significant improvement in quality of life and mobility**, and we continue to manage his other pain sources with a stimulator and pump.

Key Takeaways

The patient feels **better than he has in 8 years!** His functional improvement allows him to **stand longer, stand up straight** and to work in his wood shop again.

Disclaimer

This material is provided for guidance and/or illustrative purposes only and should not be construed as a guarantee of future results or a substitution for legal advice and/or medical advice from a healthcare provider. This material is provided for general educational purposes only and should not be considered the exclusive source for this type of information. Vertos Medical does not practice medicine and assumes no responsibility for the administration of patient care. At all times, it is the professional responsibility of the practice or clinical practitioner to exercise independent judgment. Results may vary.

mild[®]

